



Online Mental & Behavioral Therapy for Kids & Teens

At Healthy Young Minds, our mission is to ensure every child and teen has access to the developmental, behavioral and mental health care they need to thrive. We offer comprehensive, personalized care via teletherapy, with a focus on nurturing resilient and healthy young minds – particularly among our most vulnerable youth.



Comprehensive, Expert Care

Our multidisciplinary, collaborative care model allows us to meet the individual and often complex needs of kids and teens up to age 21. Our PhD and Masters level therapists deliver evidence-based, clinically proven therapies to treat 80+ mental, behavioral and developmental disorders. Evaluations and care are always administered by a licensed therapist.

- Individual Counseling
- Speech & Language
- Art Therapy
- Social Skills
- Childhood Milestones
- Executive Functioning
- Depression & Mood
- Group Therapy
- Autism
- Occupational Therapy
- Academic Skills Training
- Complex Diagnoses
- Anxiety
- Testing & Evaluations
- Music Therapy
- Early Intervention
- Behavioral Concerns
- Educational Testing
- Behavioral Therapy
- ADHD

Care for Underserved Kids & Teens

Through teletherapy, we ensure kids with unstable housing or limited access to technology and services can get the care they need. Research shows that teletherapy is as effective as traditional in-person therapy, with some unique advantages.



Accessible

Care can be provided in the home, in a traditional or mobile clinic, or at a care center, ensuring continuity of care.



Targeted

We address behavioral concerns in the setting where they occur, increasing the likelihood of effective outcomes.



Transparent

The center, care team and family can easily collaborate, participate in sessions, and enhance communication.



Safe

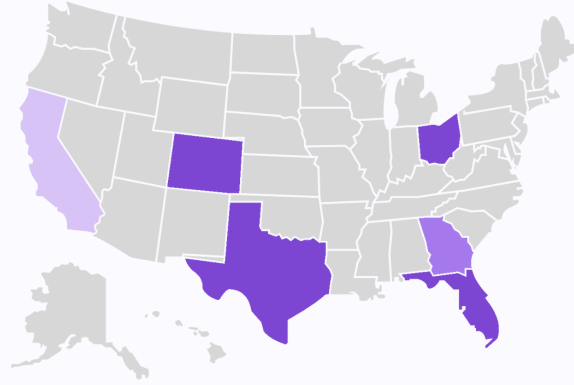
Providing services in an alternate setting (particularly when caregivers face unique challenges) ensures continuity and effectiveness of care.



Medicaid

Care that's Covered by Medicaid & Private Insurance

Healthy Young Minds is a contracted Medicaid provider and in-network with most major insurance plans (over 90% of billings are covered by Medicaid and/or private insurance).



Coverage varies by state

- Now accepting Medicaid, major insurances, private pay.
- Now accepting major insurance, private pay. Medicaid coming soon.
- Private pay accepted, Medicaid and insurance coming soon.



Care that Works for the Whole Family

Our expert therapists craft individualized care plans that deliver results – helping each child and teen build resiliency, regulation, independence and improved functionality. We support the child's whole ecosystem through training and collaboration, and believe that for a child to thrive, their support system must also.



How it Works

Learn More



1. Make a referral

Email referral to referrals@healthyyoungminds.com or fax to 800-878-7002.

2. HYM evaluates the child's needs

Within 24 hours, HYM will reach out to the provider listed on the referral to schedule an evaluation.

3. Personalized sessions that deliver results

We create a care plan personalized to the needs of your patient.

4. Monitor progress

We track the child's progress against data-driven metrics for improved outcomes and share therapy notes with your practice.